

**UPCOMING PROGRAM**

Saturday, October 11

**Register online** at [www.jungdayton.org](http://www.jungdayton.org)



## **Living From Your Center** **Conscious Embodiment**

Presented by Kathleen Wiley, Jungian Analyst

We live in a culture that highly values the mind and intellect. **Living From Your Center: Conscious Embodiment** explores integrating the sensory wisdom of the body with the mind and intellect. We call this embodiment.

A sense of embodiment enhances one's access to inner resources and guidance. The value and practices of embodiment and living from one's center will be offered using the framework of Jung's understanding of the mind/psyche and body/soma.

Jung viewed mind/psyche and body/soma not as separate, but as two aspects of the whole; an intertwined continuum, with each aspect influencing the other. This workshop will hone awareness of how various complexes are revealed by the body and the ways embodiment leads to wisdom and wholeness.



## About Our Presenter

**Kathleen Wiley**, Jungian Analyst, NC LCMHC, NC LMFT is a Jungian analyst, licensed marriage and family therapist, licensed clinical mental health counselor with 30 + years of full-time private practice. Based in North Carolina and working internationally by teleconference, Kathleen works with individuals, couples, and groups to empower people to live in conscious relationship to the Self/divine essence. She is a frequent invited speaker at venues such as the Center for Contemporary Mysticism, the Haden Institute, and various Jung Societies.

## Event Details

### **Living From Your Center Conscious Embodiment**

Presented by Kathleen Wiley, Jungian Analyst

**Saturday, October 11**

9:30 a.m. – 1:00 p.m.

### **St. Paul's Episcopal Church**

33 W. Dixon Ave., Dayton, OH 45419

Cost: \$50, cash, check, or online

Application made for 3.5 CEUs

**Register and pay online at [www.jungdayton.org](http://www.jungdayton.org). Or, print and mail this form:**

*For Mail-in Registration*

**Wiley Event | October 11, 2025**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

**Event Fee**

\$50 (cash, check, online)

**Mail Payment**

Send payment to:

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PO Box 235

Sydney, OH 45365

