

# C.G. JUNG

Association of the  
Miami Valley

Register online at  
[www.jungdayton.org](http://www.jungdayton.org)

*We are very pleased to announce a workshop with*

## Mara-Lea Rosenbarger

March 23, 2024

9:30 a.m.- 1:30 p.m.

Check-in begins at 9:00

Location:

St. Paul's Episcopal Church

33 W. Dixon, Dayton 45419

## Jung's Complex Theory and How It Applies to Everyday Life

How important are complexes? Jung wrote that the complex is the royal road to the unconscious and the architect of the dream. He also wrote that complexes have always existed and are a "normal phenomena of life." When a complex is activated, we experience an intense feeling. We can find ourselves pulled into repetitive conflicts that never seem to change. Our view of ourselves and of reality can be distorted.

The challenge is to remember that we all have complexes. We can learn to recognize when they are activated before we find ourselves caught in the dynamic of a larger energy that may overwhelm or confuse our conscious intent.

In this seminar we will first review Jung's definitions of archetypal energies and complexes. Using published dreams, literary examples, and fairy tales, we will observe and discuss the process of engaging with complexes on the individual and cultural levels so that we can self-monitor and regulate these energies which can be creative or destructive in both individuals and cultures. We will share questions, comments, and observations about the challenges of becoming conscious.



Mara-Lea Rosenbarger

Mara-Lea Rosenbarger, MA, is a Jungian Analyst with a Diploma from the C.G. Jung Institute in Zurich. She has a private practice in Bloomington, Indiana, and also conducts workshops and ongoing study groups on Jungian psychology and its application to our inner and outer lives.

Fee for workshop:

\$60, cash, check, or online

Application made for 3.5 CEUs

\$15 cash or check at the door

Lunch-worthy snacks provided

**Register and pay online at [www.jungdayton.org](http://www.jungdayton.org)**

Mail-in Registration form - March 23, 2024 - Rosenbarger

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

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Send payment to:

C.G. Jung Association  
PO Box 235  
Sidney, OH 45365

